



中華人民共和國香港特別行政區政府總部食物及衛生局

Food and Health Bureau, Government Secretariat  
The Government of the Hong Kong Special Administrative Region  
The People's Republic of China

*Our Ref.: FHB/H/50*

*Tel: 2205 2470*

*Fax: 3583 4549*

22 March 2021

**by email**

Dear Physiotherapist,

**Training Funding Scheme for Physiotherapist**  
**to Support Primary Healthcare Development in Hong Kong**

The Government is committed to the development of primary healthcare in Hong Kong through enhancing district-based primary healthcare services. The District Health Centre (DHC) set up by the Food and Health Bureau (FHB) aims to provide primary healthcare services through medical-social collaboration and public-private partnership, so as to enhance the public's capability in self-management of health and provide support for the chronically ill. The first DHC in Kwai Tsing has commenced service since September 2019. The Government will proactively take forward the setting up of DHC in all 18 districts with an aim to establish six full-fledged DHCs and set up smaller interim "DHC Express" in each of the remaining 11 districts before June 2022.

Physiotherapists play a significant role in primary healthcare and DHC service. The **Professional Certificate in Primary Healthcare in Community Care Context for Physiotherapy** launched by the School of Professional Education and Executive Development (SPEED) of Hong Kong Polytechnic University (PolyU) provides specialised knowledge and

skills to registered physiotherapists in Hong Kong for achieving quality primary healthcare services in a community healthcare setting. The course will be commenced on 26 April 2021 and is now open for application. For details, please refer to the Annex.

As a support to the development of the professionals participating in the DHC scheme, participants who have fulfilled the course requirements and attained the certificate may apply to FHB for reimbursement of **\$3,000** within 6 months of award. The final approval of the reimbursement is at the discretion of the Government.

We look forward to your active participation. Should you have any enquiries related to the training subsidy, please feel free to contact us at 2205 2470 or by email at [pho@fhb.gov.hk](mailto:pho@fhb.gov.hk). Thank you.

Yours faithfully,



( Dr Cissy CHOI )

for Secretary for Food and Health

# Professional Certificate in Primary Healthcare in Community Care Context for Physiotherapy

## 社區及基層醫療物理治療專業證書

In the 2018 Policy Address, the Chief Executive announced the setting up of District Health Centres in all 18 districts for enhancing disease prevention and self-health management and offering greater support for patients with chronic conditions.

This particular course aims at providing specialised knowledge and skills to registered physiotherapists in Hong Kong on practices of physiotherapy from the perspective of primary healthcare in a community healthcare setting.

### Aims:

- To acquaint students with the infrastructure of the local healthcare system and the care and support services in the community and the accessibility to such services.
- To integrate the knowledge of bio-psycho-social and environmental factors associated with health as well as the concept of self-management into the management of non-communicable conditions and health risk factors for healthy and special populations.
- To acquire knowledge of evidence-based screening, assessments and interventions for people with age-related health/biological decline and specific chronic conditions in community and home settings.



### The course will cover the following topics:

#### Common topics with both occupational therapy & physiotherapy

- Overview of healthcare policy and system and healthcare needs – global and local views
- Primary healthcare service in Hong Kong
- Bio-psycho-social model in healthcare
- Frailty prevention

#### Physiotherapy specific topics

- Application of the WHO-ICF in rehabilitation
- Frailty prevention in physiotherapy practice
- Prevention of non-communicable conditions
- Role of physiotherapy in preventive and community care
- Technology advancement in community physiotherapy
- Primary and secondary prevention in physiotherapy
- Primary prevention of intrinsic capacity decline
- Prevention of early frailty in older adults with developmental disabilities
- Preventive physiotherapy for stroke, hip fracture, LBP and OA knee
- Self-management for chronic pain/conditions within physiotherapy practice



## Instructors



**Prof Peter P. Yuen**  
College of Professional and Continuing Education, The Hong Kong Polytechnic University



**Dr Ben Fong**  
College of Professional and Continuing Education, The Hong Kong Polytechnic University



**Dr Wayne Chan**  
Department of Rehabilitation Sciences, The Hong Kong Polytechnic University



**Mr Denis Chan**  
Department of Rehabilitation Sciences, The Hong Kong Polytechnic University



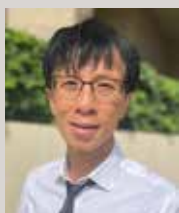
**Dr Freddy Lam**  
Department of Rehabilitation Sciences, The Hong Kong Polytechnic University



**Ms Bonnie Ma**  
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**Dr Ivan Su**  
SAHK Institute of Rehabilitation Practice



**Mr Chris Kan**  
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**Dr Doris Chong**  
Work Group on Community-based Rehabilitation and Primary Healthcare, Hong Kong Physiotherapy Association



**Ms Ng Yuk Mun**  
Work Group on Community-based Rehabilitation and Primary Healthcare, Hong Kong Physiotherapy Association



**Mr George Wong**  
Work Group on Community-based Rehabilitation and Primary Healthcare, Hong Kong Physiotherapy Association

## Course Details

Course Code:	SPDQ6001
Class Code:	GA23
Duration:	26 April- 19 July 2021 (44 hours in 4 months)
Time:	Monday and Thursday evenings
Course Fee:	<b>HK\$13,000*</b> <i>* For eligible applicants, the Food and Health Bureau will subsidise HK\$3,000 of the course fee.</i>
Venue:	PolyU Main Campus / PolyU Hung Hom Bay Campus / PolyU West Kowloon Campus / Continuing Rehabilitation Centre, SAHK
Teaching Mode:	Blended mode (face-to-face and online) and 4-hour Practicum. Some face-to-face classes may be changed to online mode if necessary.
Medium of Instruction:	English
Entry Requirements:	Hong Kong registered physiotherapists or holders of quotable qualifications approved by the Physiotherapists Board
Professional Recognition:	15 Continuing Professional Development (CPD) hours recognised by the Physiotherapists Board via the voluntary CPD scheme
Certification:	Students who have passed and completed a group assignment, two quizzes, participation requirements, and attended at least 70% of the course will be presented with a Certificate awarded by PolyU SPEED
Closing Date for Application:	6 April 2021 ( <i>places are limited and will be allocated on a first come, first served basis.</i> )
Submission of Application:	Scan the QR code for the application form and payment methods



資歷架構  
Qualifications Framework

QF Level 6  
QR Registration No. 20/000608/L6  
Validity period from 27 August 2020

Co-organiser



Supporting Organisation



## Enquiries

Continuing Education Office, PolyU SPEED

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PolyU SPEED reserves the right to cancel any courses and to make variations to the schedules, venues, contents, arrangements of lecturers/speakers and mode of delivery of the courses offered.