Dear Physiotherapist,

Training Funding Scheme for Physiotherapist

to Support Primary Healthcare Development in Hong Kong

The Government is committed to the development of primary healthcare in Hong Kong through enhancing district-based primary healthcare services. The District Health Centre (DHC) set up by the Food and Health Bureau (FHB) aims to provide primary healthcare services through medical-social collaboration and public-private partnership, so as to enhance the public’s capability in self-management of health and provide support for the chronically ill. The first DHC in Kwai Tsing has commenced service since September 2019. The Government will proactively take forward the setting up of DHC in all 18 districts with an aim to establish six full-fledged DHCs and set up smaller interim “DHC Express” in each of the remaining 11 districts before June 2022.

Physiotherapists play a significant role in primary healthcare and DHC service. The Professional Certificate in Primary Healthcare in Community Care Context for Physiotherapy launched by the School of Professional Education and Executive Development (SPEED) of Hong Kong Polytechnic University (PolyU) provides specialised knowledge and
skills to registered physiotherapists in Hong Kong for achieving quality primary healthcare services in a community healthcare setting. The course will be commenced on 26 April 2021 and is now open for application. For details, please refer to the Annex.

As a support to the development of the professionals participating in the DHC scheme, participants who have fulfilled the course requirements and attained the certificate may apply to FHB for reimbursement of **$3,000** within 6 months of award. The final approval of the reimbursement is at the discretion of the Government.

We look forward to your active participation. Should you have any enquiries related to the training subsidy, please feel free to contact us at 2205 2470 or by email at pho@fhb.gov.hk. Thank you.

Yours faithfully,

( Dr. Eddy CHOI )

for Secretary for Food and Health
Aims:
a) To acquaint students with the infrastructure of the local healthcare system and the care and support services in the community and the accessibility to such services.
b) To integrate the knowledge of bio-psycho-social and environmental factors associated with health as well as the concept of self-management into the management of non-communicable conditions and health risk factors for healthy and special populations.
c) To acquire knowledge of evidence-based screening, assessments and interventions for people with age-related health/biological decline and specific chronic conditions in community and home settings.

Common topics with both occupational therapy & physiotherapy
a) Overview of healthcare policy and system and healthcare needs – global and local views
b) Primary healthcare service in Hong Kong
c) Bio-psycho-social model in healthcare
d) Frailty prevention

Physiotherapy specific topics
a) Application of the WHO-ICF in rehabilitation
b) Frailty prevention in physiotherapy practice
c) Prevention of non-communicable conditions
d) Role of physiotherapy in preventive and community care
e) Technology advancement in community physiotherapy
f) Primary and secondary prevention in physiotherapy
g) Primary prevention of intrinsic capacity decline
h) Prevention of early frailty in older adults with developmental disabilities
i) Preventive physiotherapy for stroke, hip fracture, LBP and OA knee
j) Self-management for chronic pain/conditions within physiotherapy practice

The course will cover the following topics:
## Course Details

<table>
<thead>
<tr>
<th>Course Code:</th>
<th>SPDQ6001</th>
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<tbody>
<tr>
<td>Class Code:</td>
<td>GA23</td>
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<tr>
<td>Duration:</td>
<td>26 April-19 July 2021 (44 hours in 4 months)</td>
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<tr>
<td>Time:</td>
<td>Monday and Thursday evenings</td>
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<tr>
<td>Course Fee:</td>
<td>HK$13,000*</td>
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<td>* For eligible applicants, the Food and Health Bureau will subsidise HK$3,000 of the course fee.</td>
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<tr>
<td>Venue:</td>
<td>PolyU Main Campus / PolyU Hung Hom Bay Campus / PolyU West Kowloon Campus / Continuing Rehabilitation Centre, SAHK</td>
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<td>Teaching Mode:</td>
<td>Blended mode (face-to-face and online) and 4-hour Practicum. Some face-to-face classes may be changed to online mode if necessary.</td>
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<td>Medium of Instruction:</td>
<td>English</td>
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<td>Entry Requirements:</td>
<td>Hong Kong registered physiotherapists or holders of quotable qualifications approved by the Physiotherapists Board</td>
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<td>Professional Recognition:</td>
<td>15 Continuing Professional Development (CPD) hours recognised by the Physiotherapists Board via the voluntary CPD scheme</td>
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<td>Certification:</td>
<td>Students who have passed and completed a group assignment, two quizzes, participation requirements, and attended at least 70% of the course will be presented with a Certificate awarded by PolyU SPEED</td>
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<td>Closing Date for Application:</td>
<td>6 April 2021 (places are limited and will be allocated on a first come, first served basis.)</td>
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<td>Submission of Application:</td>
<td>Scan the QR code for the application form and payment methods</td>
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### Enquiries

**Continuing Education Office, PolyU SPEED**  
Tel: 3400 2867 (Ms Chiu) / 3746 2916 (Ms Tsai)  
E-mail: ceo@speed-polyu.edu.hk • Website: www.speed-polyu.edu.hk

PolyU SPEED reserves the right to cancel any courses and to make variations to the schedules, venues, contents, arrangements of lecturers/speakers and mode of delivery of the courses offered.

School of Professional Education and Executive Development is operated by College of Professional and Continuing Education Limited which is an affiliate of The Hong Kong Polytechnic University.