

Introduction of DHC Scheme

DHC Induction Course (Session 2)

7 September 2019

Welcome On Board

Background – 2017 Policy Address

2017 Policy Address – Primary Healthcare

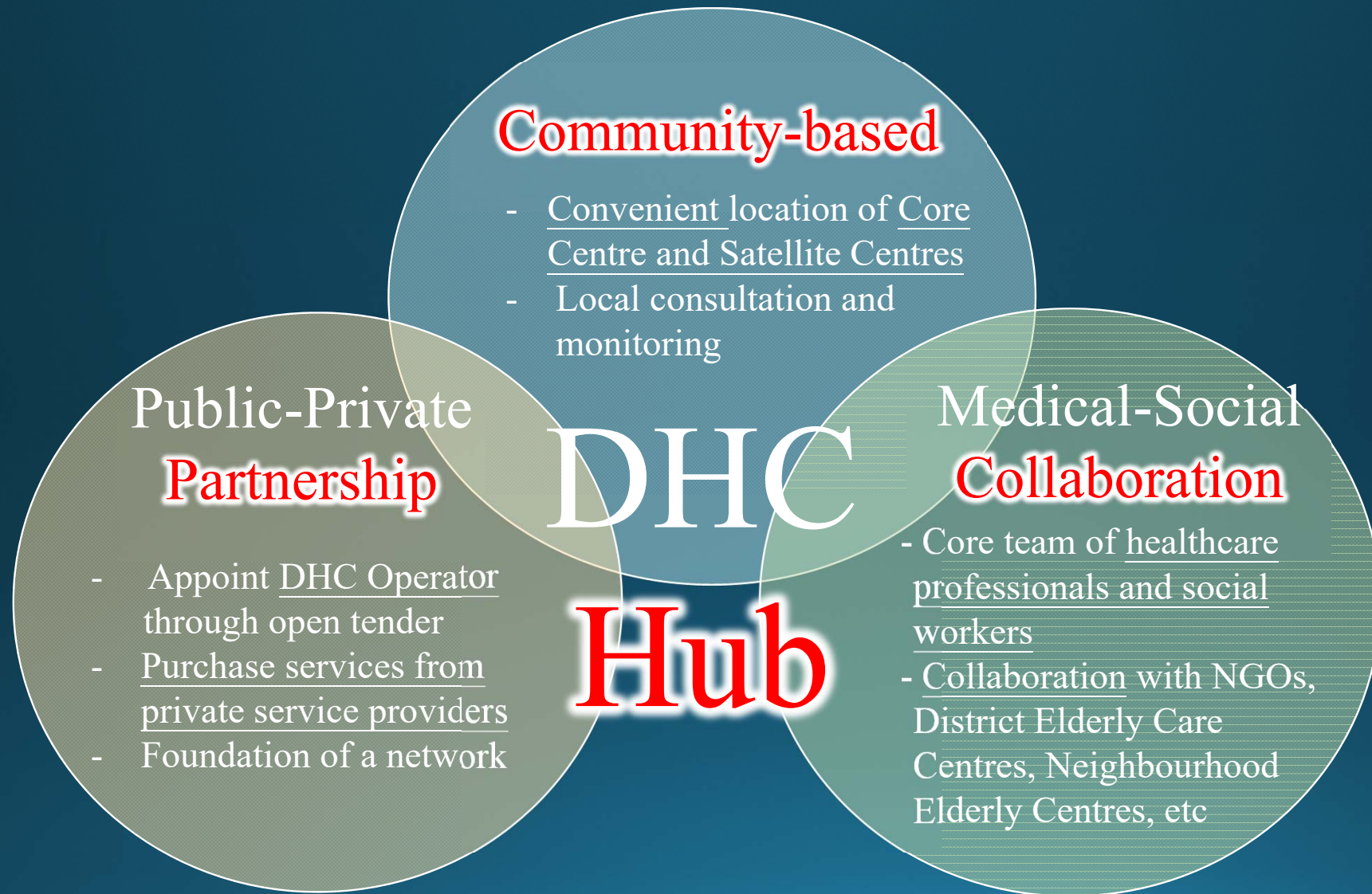
- Set up a District Health Centre with a brand new operation mode in Kwai Tsing District within two years.
- Make use of the **local network** to procure services from organisations and healthcare personnel serving the district

2018 Policy Address – Primary Healthcare

- To effectively **change the current focus of our healthcare services on treatment** and to alleviate the pressure on public hospitals

District Health Centre

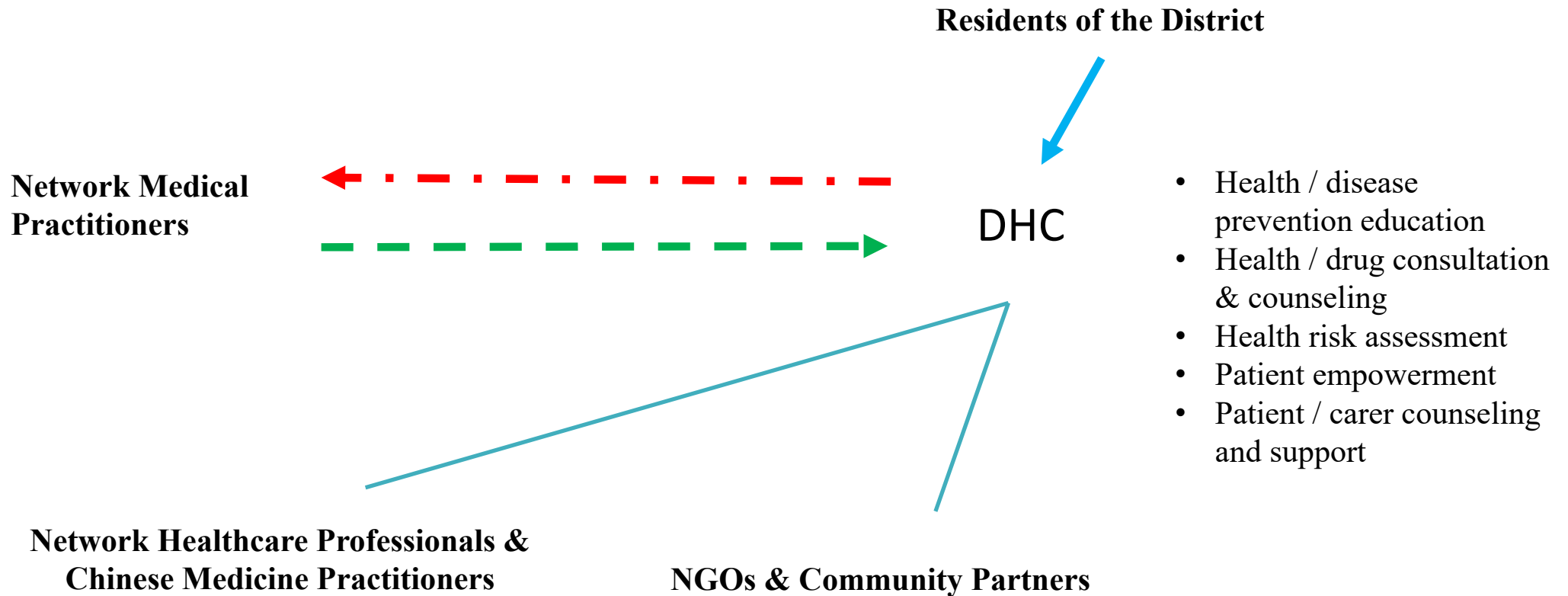
- Enhance public awareness of **disease prevention**
- Enhance their capability in **self-management** of health
- Provide **support** for the chronically ill



District Health Centre (Hub)



Operation model



Key Services of DHC

Level of Preventive Care	Target Clients	Services
Primary	<ul style="list-style-type: none"> General Public 	<ul style="list-style-type: none"> Health promotion, advisory and counselling services Educational programmes to drive lifestyle changes Basic assessment for chronic diseases risk factors, including overweight / obesity, fall risk and lifestyle risk factors (such as smoking, alcohol consumption, physical inactivity)
Secondary	<ul style="list-style-type: none"> DHC clients with chronic diseases risk factors identified through Primary Prevention Service 	<ul style="list-style-type: none"> Health assessment and screening to facilitate <u>early identification</u> of chronic diseases (DM, HT)
Tertiary	<ul style="list-style-type: none"> DHC Clients identified under Secondary Prevention Service Patients referred by <ul style="list-style-type: none"> DHC NMP By HA 	<ul style="list-style-type: none"> Chronic disease management – <u>HT, DM, musculoskeletal disorder (LBP, OA Knees)</u> Community rehabilitation – <u>stroke, post-acute MI, hip fracture</u>

Eligible person

- Hong Kong Citizen

is a holder of the Hong Kong Identity Card issued under the Registration of Persons Ordinance (Cap. 177, the Laws of Hong Kong), except those who obtained their Hong Kong Identity Cards by virtue of a previous permission to land or remain in Hong Kong granted to him and such permission has expired or ceased to be valid; or children who are Hong Kong residents and under 11 years of age

- Residents in the Kwai Tsing District
- Agrees to enrol to the eHRSS

Professional Service Team of DHC

DHC Core Centre / Satellite Centres	Network Service Providers
<ul style="list-style-type: none">• Nurse• Physiotherapist• Occupational Therapist• Social Workers• Dietitian• Pharmacist	<ul style="list-style-type: none">• Doctors• Chinese Medical Practitioners• Physiotherapists• Occupational Therapists• Dietitians• Optometrists• Speech therapists• Podiatrists

Network Service Provider – requirement

Medical doctor	<ul style="list-style-type: none">• Listed in Primary Care Directory• Agree to disclose standard medical consultation charges under DHC scheme for clients' information		Agree to use DHC IT module / eHRSS
中醫師	<ul style="list-style-type: none">• 已於衛生署《基層醫療指南》登記		
Occupational Therapist	<ul style="list-style-type: none">• Part I registered Occupational Therapist	5 years of post-graduate patient care related practice	
Optometrist	<ul style="list-style-type: none">• Part I registered Optometrist		
Physiotherapist	<ul style="list-style-type: none">• Part IA registered Physiotherapist		
Dietitian	<ul style="list-style-type: none">• A Master's degree or a post-graduate diploma in a recognised dietetic programme		
Podiatrist	<ul style="list-style-type: none">• A degree in Podiatry, Podiatric Medicine or Podiatric Studies, or equivalent		
Speech Therapist	<ul style="list-style-type: none">• A degree in Speech and Hearing Sciences from a local university or equivalent		

Main source of clients

Source of Referral	Primary Prevention Programme	Secondary Prevention Programme	Tertiary Prevention Programme	
			Chronic Disease Management	Community Rehabilitation Programme
<u>Self-referral</u> to DHC, i.e. walk-in clients	✓	✓		
Referred by DHC <u>Satellite Centres</u>	✓	✓		
Identified in DHC <u>outreaching activities</u>	✓	✓		
Referred by DHC <u>NMP</u>	✓	✓	✓	✓
Referred by <u>Hospital Authority</u>	✓			✓

Service Package – Outline

		Number of Sessions				
		Basic assessment	Medical consultation	Other healthcare professional services	Telephone review	PEP
Primary prevention service		✓				✓
Chronic Disease Management	DM	✓	2 (1 st year) 1 (subsequent year(s))	6 (1 st year) 4 (subsequent year(s))	✓	✓
	HT	✓	2 (1 st year) 1 (subsequent year(s))	4 (1 st year) 4 (subsequent year(s))		
	Low back pain*			8		
	OA knee*			12		
Community Rehabilitation	Stroke*			11		
	Hip fracture			8		
	Post acute MI			8		
Free			Standard charge – Government subsidy (\$250)	\$150 \$100 (CR referred by HA)	Free	

* Chinese medicine (acupuncture / acupressure - applicable to patients with LBP, OA knee and stroke) - \$150

Service Evaluation

Chinese University of Hong Kong is commissioned by the Government, through an open tender process, to conduct a 3-year K&TDHC service monitoring and evaluation study

Aim

- Evaluate the quality, scope, efficiency and cost effectiveness of the DHC service
- Help better planning of the other DHC in the future

Thank You