

長者健康服務整合

Elderly Health Service Integration



醫務衛生局轄下基層醫療署於2026年逐步整合衛生署轄下長者健康中心服務至地區康健網絡，協調慢性疾病管理服務及提供更全面的長者健康評估服務，以更好照顧長者的基層醫療需要。

全新服務模式

收費平



免費登記地區康健中心會員

健康教育與小組活動
費用全免

參與「慢病共治計劃」
由政府資助
自付指定共付額



全港18區
100+ 服務點



靈活選擇配對
800+ 社區家庭醫生
可提供更有彈性的診症
時間，例如晚間及週末

選擇多



服務好



地區康健網絡
設備完善
跨專業團隊支援



增加評估範疇
及服務量



服務對象-現有衛生署長者健康中心會員
立即加入醫健通並登記成為地區康健中心會員！

醫健通
eHealth
香港特別行政區政府 HKSARGOV.T

按原定已預約覆診或健康評估日期前往長者健康中心
跟進，並獲安排轉介至地區康健中心協調日後服務



地區康健中心
District Health Centre

✓ 慢性疾病管理服務

由2026年10月起，假如我…

1 已在醫管局家庭醫學診所跟進慢性疾病

→ 繼續於醫管局
接受慢病管理



家庭醫學診所
Family Medicine Clinic



2 未在醫管局家庭醫學診所跟進慢性疾病

→ 由家庭醫生
提供慢病管理



✓ 全新健康評估服務

(2026年12月在地區康健網絡推出)

涵蓋認知、行動、營養、視覺、聽覺、
心理層面和泌尿問題，亦會按臨床
需要，進一步檢查潛在病因

→ 詳情請留意信件通知
或向地區康健中心查詢



假如我是…

- 綜合社會保障援助計劃受助人
- 75歲或以上長者生活津貼受惠人
- 持有有效醫療費用減免證明書人士

→ 經地區康健中心協調安排在選
定的醫管局家庭醫學診所
接受預防篩查及慢病管理服務

常見問題

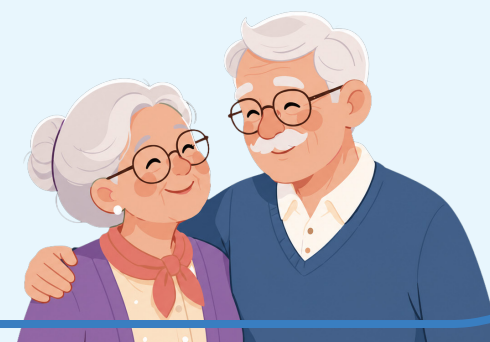


問：整合後的服務要收費嗎？

- 答：
1. 登記成為地區康健中心會員完全免費。
 2. 在護士診所接受長者健康評估服務及在「慢病共治計劃」下接受家庭醫生診治，政府都會提供資助，您只需付指定的共付額。
 3. 合資格弱勢社群長者將獲安排到醫管局家庭醫學診所接受服務，可按相關資格獲全數豁免或部分減免費用。

問：如何登記成為地區康健中心會員？

答：您可透過醫健通手機應用程式、設於長者健康中心的資訊點或親臨地區康健中心登記成為會員。



查詢資訊

Enquiries for Further Information

市民如欲查詢過渡期間的服務安排，或獲取關於服務整合及更多地區康健網絡長者健康服務的資訊，可循以下方法：

For enquiries about transitional arrangements or district elderly health services, please use the following channels:

致電所屬的長者健康中心

Call your respective Elderly Health Centre;

聯絡地區康健中心／站

Contact your local District Health Centre (DHC) / DHC Express;

瀏覽服務整合網頁：

Visit the Service Integration Webpage:

衛生署網頁

Department of Health Website



中文版



English version

地區康健中心網頁

District Health Centre Website



中文版



English version

致電查詢熱線

Call the enquiry hotline at

2157 0500

The Primary Healthcare Commission under the Health Bureau will progressively integrate the Elderly Health Centre services of the Department of Health (DH) into the district health network in 2026, coordinating chronic disease management service and providing more comprehensive elderly health assessment service, so as to better meet the primary healthcare needs of the elderly.

New Service Model

Affordable Care



Free district health centre (DHC) membership



Free health education & group activities

Chronic Disease Co-Care (CDCC) Scheme enrollment



Government-subsidised with a designated co-payment



Across 18 districts
100+ service points



Flexible pairing
800+ community family doctors, offering more flexible consultation hours e.g. evening & weekend

More Options



Quality Service



District Health Network
Upgraded facilities & multidisciplinary support



Expanded assessment
scope & capacity



Target Group –
Existing members of DH Elderly Health Centres
Join eHealth & register as a DHC member!

醫健通
eHealth
香港特別行政區政府 HKSARGOV.T

Attend Elderly Health Centres on scheduled appointment dates for medical follow-up or health assessment, and be referred to DHCs for subsequent service coordination



地區康健中心
District Health Centre



Chronic Disease Management Service

Starting in October 2026, if I am...

1

With regular follow-up for chronic diseases at Hospital Authority (HA) Family Medicine Clinics (FMCs)



Continue chronic disease management at HA



家庭醫學診所
Family Medicine Clinic



2

Without regular follow-up for chronic diseases at HA FMCs



Chronic disease management by Community family doctors



New Health Assessment Service

(To be launched in the district health network in December 2026)

Covering **cognition, mobility, nutrition, vision, hearing, psychological capacity and urinary problem**, with further investigations into underlying causes based on clinical indications



Please refer to notification letter or contact DHCs for details



If I am...

- A recipient of the Comprehensive Social Security Assistance Scheme
- A recipient of the Old Age Living Allowance aged 75 or above
- A holder of a valid Medical Fee Waiver Certificate



Preventive care and chronic disease management services at selected **HA FMCs** via DHCs' coordination

Frequently Asked Questions



Q: Will the integrated services be chargeable?

- A:**
1. Registration as a DHC member is completely free of charge
 2. For elderly health assessment services received at nurse clinics and for consultations with family doctors under CDCC Scheme, the Government will provide a subsidy, and you will only need to pay the designated co-payment
 3. Eligible members of underprivileged groups referred to HA FMCs for the service will be granted full or partial fee waivers based on their relevant eligibility

Q: How to register as a DHC member?

- A:** You can register via the eHealth Mobile App, Elderly Health Service Information Point located inside Elderly Health Centres, or in-person at any DHCs

